

AFTERCARE ADVICE

AQUALYX FAT DISSOLVING

PLEASE FOLLOW YOUR AFTERCARE ADVICE FULLY, FOR YOUR HEALTH AND WELLBEING. AS WELL AS THE EFFECTIVENESS AND LONGEVITY OF YOUR RESULTS

Expect moderate swelling, hard swelling, redness, itching, numbness and bruising after your treatment for up to 4-6 weeks.

- Avoid consuming alcohol for 48 hours after your treatment.
- Avoid any blood thinning medications.
- Avoid touching, or applying makeup or body creams to the treatment area for 6 hours after your treatment.
- Avoid strenuous exercise for the next 4-5 days.
- Avoid all direct sources of heat (sun exposure, sauna etc.) or extreme cold to the treatment area for 48 hours
- Avoid any other fat reducing treatments for the next 4 weeks
- Avoid anti-inflammatory medication (ibuprofen etc.) for 7 days after your treatment as this can be counter productive towards the treatment as the natural inflammatory response aids the dissolving of the fat cells.

Results begin to show between 2-4 weeks after your treatment.

Multiple treatments may be required to achieve the desired result.

IF YOU NEED FURTHER HELP, OR HAVE ANY QUESTIONS REGARDING YOUR TREATMENT PLEASE GET IN TOUCH