

AFTERCARE ADVICE FOR CHEMICAL FACIAL PEELS

PLEASE FOLLOW YOUR AFTERCARE ADVICE FULLY, FOR YOUR HEALTH AND WELLBEING. AS WELL AS THE EFFECTIVENESS AND LONGEVITY OF YOUR RESULTS

- Refrain from washing your face for 6-12 hours to allow the peel to penetrate and activate properly.
- Moisturise regularly to help with any dryness or flakiness. Apply a sunscreen with at least SPF 30, as your skin will be more sensitive to UV rays post-treatment.
- Stay out of direct sunlight as much as possible. If you must be outdoors, wear a hat and reapply sunscreen every 2 hours.
- Allow any peeling to occur naturally to prevent scarring or infection.
- Avoid using exfoliating products (like retinoids or AHAs) for at least a week. Stick to gentle cleansers and avoid scrubbing.
- Drinking plenty of water can help keep your skin hydrated from within, aiding in the healing process.
- Avoid hot showers, saunas, and strenuous exercise for a few days, as excessive heat and sweat can irritate sensitive skin.

While mild redness, dryness, and peeling are normal, contact your provider if you experience excessive discomfort, swelling, or signs of infection.

IF YOU NEED FURTHER HELP, OR HAVE ANY QUESTIONS REGARDING YOUR TREATMENT PLEASE GET IN TOUCH